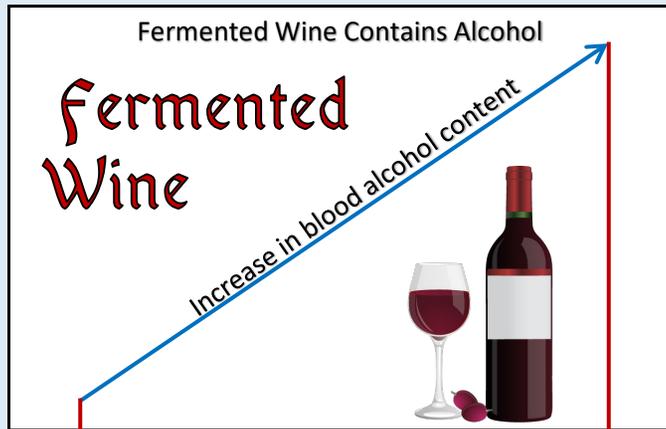


One Sip: Disrupts the Brain's Neurological Pathways

“But they also have erred through wine, and through strong drink are out of the way; the priest and the prophet have erred through strong drink, they are swallowed up of wine, they are out of the way through strong drink; they err in vision, they stumble in judgment.” – Isaiah 28:7 (KJV)

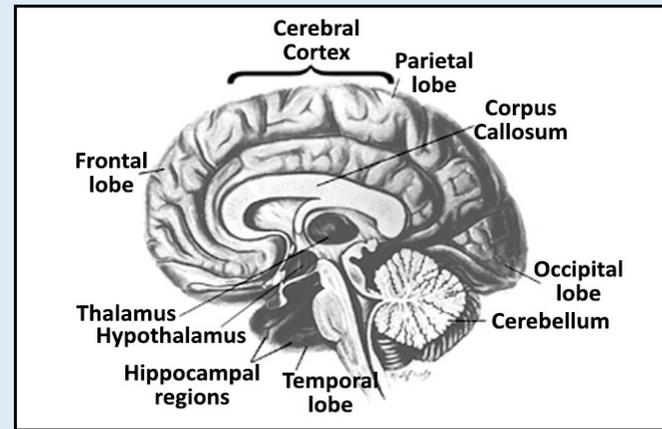


One Sip of Alcohol

Alcohol Death

Q: At what point does alcohol start to affect your mental clarity?

A: “Thirty seconds after your first sip, alcohol races into your brain. It slows down the chemicals and pathways that your brain cells use to send messages. That alters your mood, slows your reflexes, and throws off your balance. You also can’t think straight, which you may not recall later, because you’ll struggle to store things in long-term memory.” – WebMD.com



Brain regions impacted by alcohol per NIH.gov

1. Cerebral Cortex = memory, thought, etc.
2. Parietal Lobe = sensory information, etc.
3. Corpus Callosum = communications within brain.
4. Occipital Lobe = visual processing center.
5. Cerebellum = motor control, etc.
6. Temporal Lobe = comprehension, emotion, etc.
7. Hippocampus Region = short-long-spatial memory.
8. Hypothalamus = nervous/endocrine systems, etc.
9. Thalamus = regulation of consciousness, etc.
10. Frontal Lobe = planning, motivation, etc.

Wine: *The juice, fermented or unfermented, of various fruits or plants, used as a beverage, sauce, syrup, etc.*

As defined by dictionaries around the time the King James Bible was translated by the 47 translators.

Nathan Bailey’s New Universal English Dictionary 1760 | A New English Dictionary by Benjamin Marin 1748 | A General English Dictionary by John Kersey 1708 | The Royal Dictionary in Two Parts by Abel Boyer 1702

1 Peter 1:13 (KJV) "Wherefore **gird up the loins of your mind, be sober**, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ"

Brain Image Source: <https://web.archive.org/web/20190215221354/https://pubs.niaaa.nih.gov/publications/aa63/aa63.htm>

One Sip Quote Source: <https://web.archive.org/web/20190215221751/https://www.webmd.com/mental-health/addiction/ss/slideshow-alcohol-body-effects>

All credit, praise, honor, and glory belongs to our beloved God!

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